



Avalon has designed **included activities** with a choice of experiences. We invite you to select the tours, activities, and events that interest you most, so you can experience your cruise your way. There are 3 types of included shore excursion on every Europe cruise:

CLASSIC

Your local expert is ready to guide you through the history and heritage of local destinations. You'll marvel at the legends, lore, and spectacular architecture of iconic and historic sites.

DISCOVERY

We've found inspiring and interactive activities to speak to your interests - from cooking classes, to painting workshops - to immerse yourself in each culture you explore.

ACTIVE

Embark on energetic excursions to keep you in motion and on the go - from a guided jogging tour of Amsterdam, to biking, paddling, and hiking your way through scenic locales.

- Plus independent exploration options and use of our exclusive AvalonGO APP

DAY-BY-DAY ITINERARY

(B) = Breakfast (L) = Lunch (D) = Dinner

DAY 1 (D)

AMSTERDAM, HOLLAND (EMBARKATION)

How Suite It Is! Welcome Aboard Your Avalon Suite Ship®.

Flights into Amsterdam must arrive by 3:30 pm.

Guests must be on board ship by 5 pm.

You may take a Guided Optional Excursion to Zaanse Schans to see historic windmills and charming Dutch houses.

Your day in Amsterdam is free to explore at your leisure the colorful cafés, galleries, bridges, and canals.

OVERNIGHT DOCKING IN AMSTERDAM

••••• DAY 2 (B, L, D)

AMSTERDAM

Colorful Canals of Amsterdam

Visit the Adventure Center for today's activities with your Adventure Host.

DISCOVERY

Attend a Painting Class and be inspired by the masters' techniques. Paint your own canvas and discover your inner artist. An orientation walk will complete your experience, OR:

ACTIVE

Join a Biking Tour through the Dutch countryside past polders, dykes, and quaint centuries-old villages, OR:

CLASSIC

Enjoy a Guided Canal Cruise to explore the iconic waterways and sites of Amsterdam.

This afternoon you might take an Optional Kayaking Excursion.

Spend free time strolling at leisure through the galleries and cafés of Amsterdam.

OVERNIGHT CRUISE TO NIJMEGEN

••••• DAY 3 (B, L, D)

NIJMEGEN. EXCURSION TO ARNHEM

Wildlife, WWII Valor, and Van Gogh

ACTIVE

Join a Biking Tour on the Hoge Veluwe National Park and admire its diversity of scenery, from dense forests to high sand dune, OR:

DISCOVERY

Join a Guided Sightseeing to discover Arnhem- a key WWII operations site and home to impressive historical monuments and memorials- then visit a medieval castle for a regional herb and vegetable product tasting, OR:

CLASSIC

Take a Guided Tour of Arnhem's Kröller-Müller Museum with the world's second largest Van Gogh collection.

Take the opportunity to have your CD signed by Jann Arden during the autograph session onboard.

You may join a Guided Optional Excursion to the Windmill of Thorn or an Optional Cooking Workshop.

EVENING/OVERNIGHT CRUISE TO DÜSSELDORF

••••• DAY 4 (B, L, D)

DÜSSELDORF, GERMANY

Avant-Garde Architecture and Amazing Altbiers

ACTIVE

Join a City Biking Tour to discover interesting stories about the sights and the city itself along the way, OR:

DISCOVERY

Experience Düsseldorf's Old Town and get an insight into its culinary diversity, OR:

CLASSIC

Join a Guided Tour of Düsseldorf. Visit the Old Town, but also discover its spectacular subway line, where each station has an individual magic character.

This afternoon you might take a Guided Optional Excursion to Düsseldorf's microbreweries to try a variety of Altbiers.

This evening enjoy the exclusive Jann Arden's concert in the Lounge.

OVERNIGHT CRUISE TO COLOGNE

••••• DAY 5 (B, L, D)

COLOGNE

Prost! Celebrate in the Rhineland

ACTIVE

For a unique view of Cologne's history and beauty, join us on a Jogging Tour of the city, OR:

DISCOVERY

Discover the people and true spirit of Cologne on this fascinating guided walking tour through the Belgian Quarter, OR:

DISCOVERY

Visit Cologne's Chocolate Museum and learn the process of chocolate production and ancient history of this food of the gods, OR:

CLASSIC

Take a leisurely Guided City Walk of Cologne for a view of her must-see sights, including the Old City and its soaring twin-steepled gothic cathedral.

Enjoy a leisurely cruise to Engers.

OVERNIGHT DOCKING IN ENGERS

••••• DAY 6 (B, L, D)

KOBLENZ-RHINE GORGE

Fortress Walls and Manor Halls Where the Rhine and Moselle Meet

Join your Adventure Host for today's special activities.

ACTIVE

Take a Guided Tour of Marksburg Castle, visit its battlements overlooking the Rhine, and take a scenic walk down the surrounding hillside to Braubach Old town, OR:

DISCOVERY

For a unique experience, join us on an excursion to the Lava City of Mendig for a Volcano Encounter, including exploring the caverns and corridors where basalt (cold lava) was mined, OR:

CLASSIC

Enjoy a leisurely Guided Walk of ancient Koblenz, including a cable car ride to Ehrenbreitstein Fortress for a spectacular panoramic view.

Enjoy lunch on board and the breathtaking beauty of the Rhine Gorge as you cruise on your way to Rudesheim, where you will have time to discover this picturesque village.

In the evening, enjoy dinner on board while cruising to Bingen.

DISCOVERY

Join a private reception with Jann Arden in spectacular location on the Rhine River.

OVERNIGHT DOCKING IN BINGEN

••••• DAY 7 (B, L, D)

MAINZ. EXCURSIONS TO ELTVILLE

Forests and Famous Vineyards

Enjoy an early morning sail to Mainz before breakfast.

ACTIVE

For some exercise before lunch, join a Guided Nature Walk along one of the Rheinsteig walking trails through Eltvilles idyllic forests and vineyards, OR:

DISCOVERY

Join a Guided Walk through the historic Old Town of Eltville am Rhein· well known as the City of Wine · with a Wine Tasting included, OR:

CLASSIC

Discover the Romanesque beauty of Eberbach Monastery, the location of almost all the interior scenes of the film version of Umberto Eco's dark medieval murder mystery *The Name of the Rose*.+

OVERNIGHT CRUISE TO FRANKFURT

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DAY 8 (B)

FRANKFURT (DISEMBARKATION)

Your cruise ends with breakfast this morning.